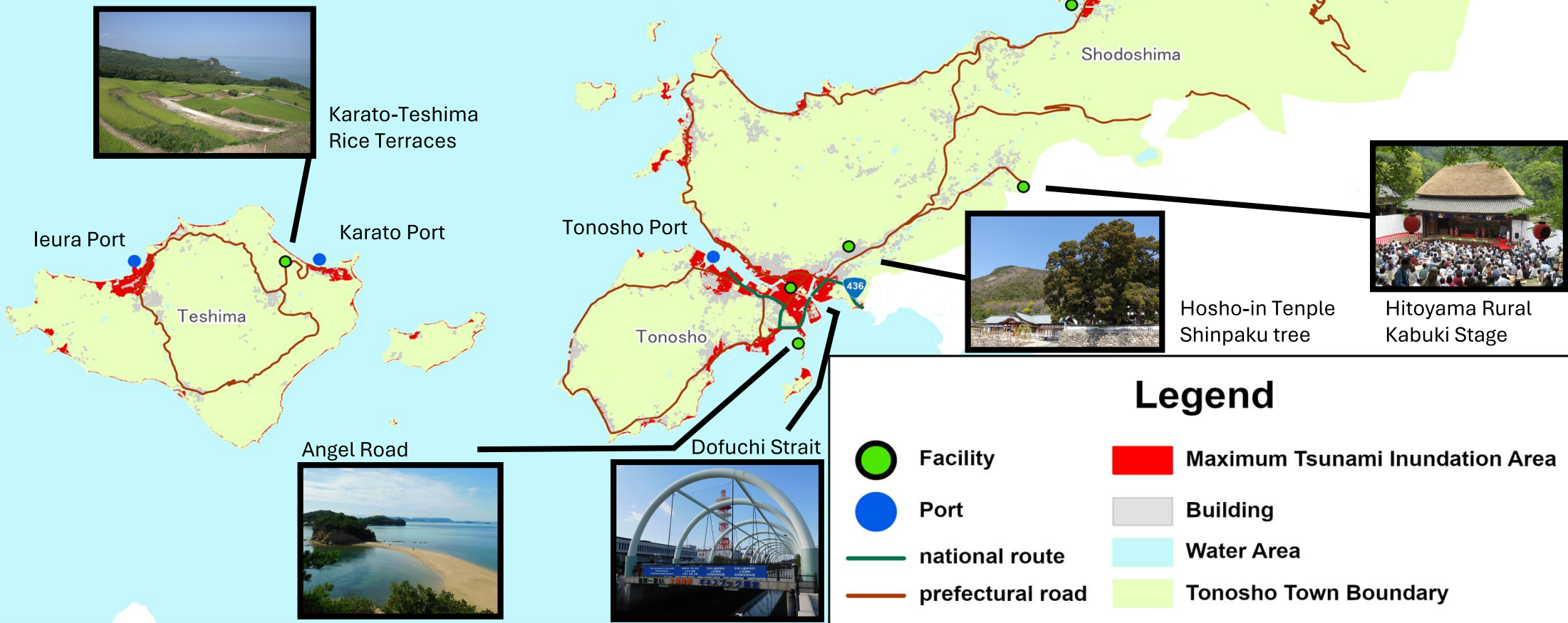


# Emergency Guide for Earthquakes and Tsunamis in Tonoshō Town



### Legend

	Facility		Maximum Tsunami Inundation Area
	Port		Building
	national route		Water Area
	prefectural road		Tonosho Town Boundary

Japan is a country that experiences many earthquakes. Learn how to ensure your safety and prepare accordingly.

● If you are inside a building

- ① Drop
- ② Cover
- ③ Hold on

● If you are in an elevator

Press all the buttons and get out of the elevator at the first floor it stops at. Do not use the elevator to evacuate.




● If you are driving a car

Pull over onto the left-hand side of the road. Evacuate on foot, leaving the doors unlocked and the key in the ignition.




● If you are outside

Move away from any block walls and be careful of broken glass and falling objects



● If you are near the sea

Escape to an evacuation center or high ground immediately. Watch out for tsunamis.



● If you are near a cliff or mountain stream

Get away from the cliff or mountain stream immediately. Watch out for landslides and debris flows.



# Disaster Information (災害情報)

## 「Safety tips」 (災害時情報提供アプリ)



- Get alerts for Disaster information, and J-ALERT.
- Use flowcharts and communication cards to help you act safely.
- Find useful links for disaster info, shelters, and lifeline updates.

Information

Warning

15 Languages

Free app

Earthquake Heat illness Evacuation

Volcanic Weather



App Store Google Play

## 「Japan Meteorological Agency」

Nationwide Disaster Information (全国規模の災害情報)



You can view weather and other Disaster information all on one screen.

<https://www.jma.go.jp/jma/indexe.html>



## 「NHKワールド JAPAN」 (24時間の英語ニュース)



A 24-hour English news channel covering Japan and Asia. Useful for disaster updates.

<https://www3.nhk.or.jp/nhkworld/>



## Disaster Base Hospital (災害拠点病院)

5 hospitals are designated as Disaster Base Hospitals, which provide emergency medical care during large-scale disasters.



(<https://www.town.tonosho.kagawa.jp/eyosei/soshiki/shoko/4/4/3700.html>)

	Facility Name	Address	Telephone Number
<b>+1</b>	Shodoshima Central Hospital	2060-1 Ikeda, Shodoshima-cho, Shozu-gun	0879-75-1121
<b>+2</b>	Kagawa University Hospital	1750-1 Ikenobe, Miki-cho, Kita-gun	087-898-5111
<b>+3</b>	Kagawa Prefectural Central Hospital	1-2-1 Asahimachi, Takamatsu-shi	087-811-3333
<b>+4</b>	Takamatsu Red Cross Hospital	4-1-3 Bancho, Takamatsu-shi	087-831-7101
<b>+5</b>	Takamatsu Municipal Hospital	847-1, Ko, Busshozan-cho, Takamatsu-shi	087-813-7171

# How to contact (連絡をとる方法)

## 「Disaster Message Board」 (災害用伝言版)

A service to leave and check safety messages during disasters. You can call from a home phone, mobile phone, or pay phone. Proceed by following the instructions in Japanese.

● To notify of your safety (How to leave a message.)

録音

● To check the safety of others (How to listen to a message.)

再生

Dial 171

Dial 171

Dial 1

Dial 2

Dial your own telephone number.

Enter a telephone number of family or a friend

Leave a message.

Listen to a message.

## 「Emergency Contact Numbers」 (緊急連絡先)

- All calls are free from public phones and mobile phones.
- You don't need to speak Japanese. Just say "Help" in English.

police station 110

fire station 119

JNTO Japan Visitor Hotline

050-3816-2787

• 24-hour support in English, Chinese, Korean, and Japanese for emergencies (accidents, illness, disasters) and tourist information.

## Disaster Prevention Manual (防災マニュアル)

### 「Disaster Prevention Manual for Travelers」

In case of a disaster while traveling, please check this manual. Scan me!



English Traditional Simplified Korean Thai  
Chinese Chinese

[https://www.my-kagawa.jp/static/en/bousai\\_en.html](https://www.my-kagawa.jp/static/en/bousai_en.html)